



PACK & TROOP 73

Zieglerville, PA · Cradle of Liberty Council

CUB SCOUT PACK 73 · FAMILY CAMPING

Overnight Camping Gear List

What a Cub Scout and their adult need for a night at camp. Each of you needs your own sleep gear, mess kit, wash kit and clothes. Adults also need a flashlight and water bottle. Label everything.

BEFORE YOU GO

Every Cub Scout camps with a parent or guardian. That adult sleeps at camp and looks after their scout.

Ask a leader before you buy any gear.

Turn in the health form. Each scout and adult needs Parts A and B of the Scouting America Annual Health and Medical Record, signed in the last 12 months. No doctor visit needed. Get it at scouting.org and give it to a leader before the trip.

Bring medications in their original containers. That adult keeps them and gives each dose.

Check the overnight low a few days ahead. If it's under 50°F, add the Cold weather list on page 2.

Six Essentials

IN A DAY PACK YOUR SCOUT CAN CARRY

- ☐ **First aid kit** Bandages, wipes and blister pads.
- ☐ **Water bottle** Filled before you leave home.
- ☐ **Flashlight or headlamp** With fresh batteries.
- ☐ **Trail food** A snack for the trail.
- ☐ **Sun protection** Unscented sunscreen and a hat.
- ☐ **Whistle** Three blasts means help.

Pocketknives

3rd to 5th graders only (Bears, Webelos, Arrow of Light), once they finish their rank's knife safety adventure, and with your okay. Folding knives only. Younger scouts leave them at home.

Sleep

ONE SET EACH FOR SCOUT AND ADULT

- ☐ **Sleeping bag** Rated to 20°F or lower for spring and fall. A cartoon bag is probably a summer bag, so add a fleece blanket inside.
- ☐ **Sleeping pad** Foam or inflatable. It blocks the cold from the ground.
- ☐ **Pillow**
- ☐ **Pajamas** Or a dry set of clothes to change into at bedtime.

Eat and wash up

PER PERSON. THE PACK BRINGS THE MEALS

- ☐ **Mess kit** Or a plate, bowl, cup, fork, spoon and knife from home.
- ☐ **Toothbrush and toothpaste** In a zip bag.
- ☐ **Soap, washcloth, towel and comb**

Every family belongs. Boys and girls, kindergarten through 5th grade.

Cradle of Liberty Council #525 · Continental District · GreenLaneScouts73.org



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Clothes, Tent and Extras

Clothes

FOR SCOUT AND ADULT, EVERY TRIP

- ☐ **One change of clothes per day** Plus one spare set in case of mud or rain.
- ☐ **Socks** At least two pairs per day. Wool stays warm when damp.
- ☐ **Sturdy hiking shoes or boots** Closed toes, broken in before the trip.
- ☐ **Camp shoes** Sneakers or other closed-toe shoes for around the site.
- ☐ **Warm layer** A sweatshirt or fleece, even in summer.
- ☐ **Rain gear** A rain jacket or poncho.
- ☐ **Plastic bags** For dirty or wet clothes.

Cold weather

ADD THESE WHEN NIGHTS DROP BELOW 50°F

- ☐ **Long-sleeve shirts and long pants**
- ☐ **Long underwear** Wool or synthetic. Skip cotton.
- ☐ **Coat** One with a hood is best.
- ☐ **Warm hat and gloves** Wear the hat to bed, too.



TRIP DETAILS ONLINE

GreenLaneScouts73.org

Scan for the pack calendar and how to join.

Family tent gear

ONE PER FAMILY. ASK A LEADER IF YOU NEED ONE

- ☐ **Tent, poles and every stake** Set it up once at home before the trip.
- ☐ **Ground tarp** Goes under the tent. Tuck in any edge that sticks out so rain can't pool.
- ☐ **Blanket to line the tent floor**
- ☐ **Mallet or hammer** For the stakes.
- ☐ **Battery lantern** No flames or fuel inside a tent.
- ☐ **Camp chairs** One per person, for the campfire.

Nice to have

- ☐ **Bug repellent** Unscented. Tick check at bedtime.
- ☐ **Cub Scout handbook** If your scout has one.
- ☐ **Pen or pencil and a notebook**
- ☐ **Camera** Your family is responsible if it gets lost.

Leave at home

- Toys, games, phones and tablets for scouts. Adults keep a phone for photos and emergencies.
- Meals, coolers, stoves and fuel. The pack covers these. No food in tents, not even snacks.
- Fireworks. Matches and lighters stay with adults.
- Valuables and jewelry.

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